



MZANSI
food & drink show



Fire & Feast



Coffee & Chocolate



Fine Food & Wine



Bar & Good Spirits



Food Market

A fusion of taste

starts here

The Meat Smoke-Off

The BBQ Competition has previously held at Fire & Feast and provides a great draw card of participants and spectators.

The competition is officially sanctioned by SAFSMA (South African Fire & Meat Association), and the points awarded at the competition count towards the annual SAFSMA league to determine the best BBQ team(s) in SA. SAFSMA will provide an endorsement for the event as a whole.

Six teams will be competing in four meat categories – chicken, pork ribs, pork shoulder and brisket. The teams are all given the exact same cuts of meat and simple presentation plates so that the focus is on the end meat result. The winning team has to produce four meat dishes per category that take anything from 90 minutes to 12+ hours to complete. One of the challenges, for example, is making sure that you can keep a massive chunk of shoulder or brisket on the coals overnight without drying it out. Then you have only a 10-minute window in which to submit the dish for judging. Finish too soon and you risk your meat going cold or drying out. Take too long, and you'll turn in a dish that is under-cooked or tough. The contestants competing in these competitions have spent hours and hours learning, practicing and honing their skills. The public is encouraged to come and chat to the competitors during their cooks and learn from each team.

The competition will run over two days. Teams will prep and light fires on Friday, 15 June and cook throughout the night, without sleep! Judging will commence at 15:00, with prizegiving at 17:00 on Saturday, 16 June.

There's over R20 000 in cash and products up for grabs but, more importantly, the winners walk away with points towards their SAFSMA league standings, which ultimately crowns best BBQ smokers in South Africa at the end of the year.

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